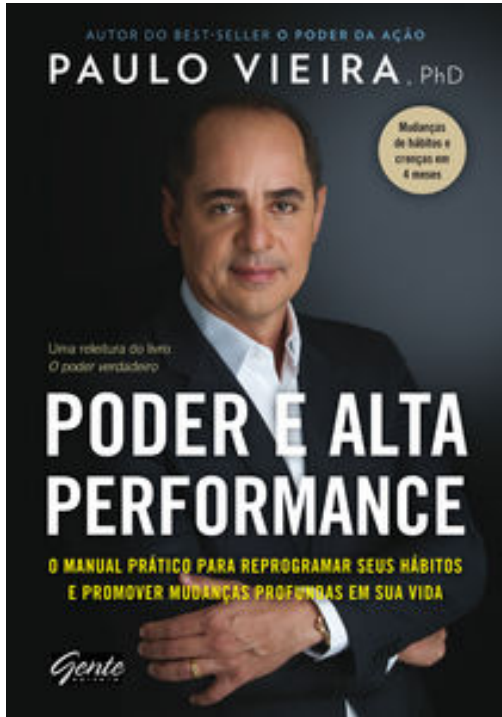


# Baixar Livros Gratuitos Poder E Alta Performance (PDF|ePub|Mobi|Mp3|Txt) Paulo Vieira Amor



**Baixar livros gratuitos Poder e Alta Performance (PDF|ePub|Mobi|Mp3|Txt) Paulo Vieira amor**, Mudanças profundas e substanciais acontecem rapidamente."

Ter uma vida melhor e ser bem-sucedido na vida pessoal e, ao mesmo tempo, na profissional é perfeitamente possível. No entanto, como fazer isso é a questão que aflige muitas pessoas, pois é difícil pôr as estratégias em prática. Com o objetivo de promover mudanças rápidas, profundas e permanentes no ser humano, Paulo Vieira oferece neste livro as ferramentas fundamentais para que o leitor tenha uma vida plena e assuma o controle do seu destino, tonando-se tudo aquilo para o que ele foi criado. Baseado no Método CIS®, maior treinamento de inteligência emocional do mundo, O poder verdadeiro traz um texto simples e fluente, rico em exercícios, exemplos e casos reais, em que o leitor aprenderá a:

- Identificar o que está errado em sua vida
- Acabar com a procrastinação
- Sair da zona de conforto e ousar

- Adotar a postura dos reis
  - Reproduzir modelos de excelência
  - Usar o poder das palavras
  - Estabelecer e realizar objetivos grandiosos
  - Criar uma missão de vida
  - Conquistar crenças fortalecedoras
  - Refazer laços e relacionamentos importantes
- Comece já a ter a vida que você merece!

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