

# Baixar Livros Gratuitos *Meditations* (PDF|ePub|Mobi|Mp3|Txt) Marcus Aurelius Amor

## MEDITATIONS



MARCUS  
AURELIUS

**Baixar livros gratuitos *Meditations* (PDF|ePub|Mobi|Mp3|Txt) Marcus Aurelius amor,** *Meditations* is a series of personal reflections by Marcus Aurelius, Roman Emperor 161-180 CE, written over a series of years in far-flung places as he led the Romans in military campaigns, quashed revolts, and dealt with the other tribulations of governing the Empire. It is best described as a spiritual journal, containing a record of the emperor's philosophical exercises. Aurelius wrote the 12 books of the *Meditations* as a source for his own guidance and self-improvement. The writings take the form of quotations varying in length from one sentence to long paragraphs. He covers topics as diverse as the question of virtue, human rationality, the nature of the gods, and his own emotions, spanning from doubt and despair to conviction and exaltation. Aurelius also sets forth his ideas on Stoic philosophy.

The influence *Meditations* has had over centuries of thought is immeasurable. This "unendingly moving and inspiring" work is often cited alongside Jean Jacques Rousseau's *Confessions* and St. Augustine's *Confessions* in discussions of the most profoundly spiritual works outside of the Bible.

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