

Baixar Livros Gratuitos As Regras Do Casamento Feliz (PDF|ePub|Mobi|Mp3|Txt) Harriet Lerner Amor



Baixar livros gratuitos As regras do casamento feliz (PDF|ePub|Mobi|Mp3|Txt) Harriet Lerner amor, UM MANUAL PARA O CASAMENTO FELIZ Se dois grandes amigos adaptam-se um ao outro e estabelecem um convívio tranquilo, por que não conseguiríamos fazer o mesmo com os nossos companheiros? Esta é uma das grandes premissas para este livro. Afinal, muito se fala sobre casamentos por aí. Mas este não é um livro qualquer, é uma obra concebida de forma única, clara e didática para as demandas do nosso mundo. Harriet Lerner reuniu sua experiência de mais de vinte anos de consultório e agora compartilha com seus leitores mais de 100 regras que abordam os pontos principais de todos os relacionamentos de longa duração. As regras do casamento feliz oferece novas soluções para velhos (ele não se comunica, ela não quer sexo) e novos dilemas (ele é viciado em tecnologia). Se um dos parceiros seguir dez regras que o outro escolher, as mudanças e os resultados serão visíveis. Basta o desejo genuíno de construir um relacionamento melhor e a persistência para não perder o foco. Sobre a

autora: Harriet Lerner é psicóloga clínica. Seus livros já venderam mais de seis milhões de exemplares. Ela também já participou dos programas de Oprah Winfrey, CNN e NPR. Atualmente, é palestrante, consultora, oferece workshops para profissionais e público geral, e também é apresentadora do programa The Dance of Connection, no site Psychology today.

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Baixar livros gratuitos As regras do casamento feliz (PDF|ePub|Mobi|Mp3|Txt) Harriet Lerner amor, The regular type of help documentation is really a hard copy manual that's printed, nicely bound, and functional. It operates as a reference manual - skim the TOC or index, get the page, and stick to the directions detail by detail. The challenge using these sorts of documents is the fact that user manuals can often become jumbled and hard to understand. And in order to fix this problem, writers can try and employ things I call "go over here" ways to minimize the wordiness and simplify this content. I've found this approach to be extremely ineffective most of the time. Why? Because **as regras do casamento feliz** are considered unsuitable to get flipped through ten times for just one task. That is what online assistance is for.

If you realise your **as regras do casamento feliz** so overwhelming, you are able to go ahead and take instructions or guides in the manual individually. Select a special feature you wish to give attention to, browse the manual thoroughly, bring your product and execute what the manual is hinting to complete. Understand what the feature does, using it, and don't go jumping to a different cool feature till you have fully explored the actual one. Working through your owner's manual by doing this assists you to learn everything concerning your digital product the best and most convenient way. By ignoring your digital product manual and not reading it, you limit yourself in taking advantage of your product's features. When you have lost your owner's manual, look at product instructions for downloadable manuals in PDF

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